

## Dishes and their allergen content list

Cereals (Gluten), Crustaceans, Eggs, Fish, Peanuts, Soya, Milk, Nuts, Celery, Mustard, Sesame, Sulphur Dioxide, Sulphites, Lupin, Molluscs

### STARTERS AND PLATTERS

#### Soup of the Day

Please ask server for allergens today

#### Pâté

Sulphites, Mustard, Wheat, Milk

#### Posh Prawn Cocktail

Wheat, Crustacean's, Fish, Mustard, Egg, Milk, Sulphites

#### Topped Nachos

Wheat, Milk

#### Black Pudding and Smoked Bacon Stack

Mustard, Egg, Milk, Wheat, Barley

#### Breaded Chicken Wings

Eggs, Peanuts, Soya, Milk, Nuts, Mustard, Sesame

#### Garlic Mushrooms

Wheat, Milk

#### Pan Fried Garlic Chilli King Prawns

Crustaceans, Soya, Milk, Mustard

#### Salt and Pepper Calamari

Gluten, Soya, Mustard, Egg

#### Deep Fried Breaded Brie Wedges

Milk, Egg, Wheat, Soya, Sulphites, Mustard

### KINGFISHER HOUSE FAVOURITES

#### Oven Baked Herb Crusted Salmon Fillet

Cereal, Eggs, Fish, Milk, Mustard, Sulphites

#### Lamb Henry

Celery, Milk

#### Fishermans Platter

Soya, Wheat, Fish, Crustaceans, Egg, Mustard

#### Rich Beef Ragu

Wheat, Egg, Sulphites, Celery, Milk, Mustard

#### Honeywells Sausage and Mash

Milk, Wheat Sulphite, Soya

#### Panko Chicken Parmesan

Cereals (Gluten), Eggs, Soya, Milk, Celery, Sesame

#### Fish and Chips

Cereals (Gluten), Fish, Soya, Sulphur Dioxide

#### Chicken Jalfrezi

Mustard, Sulphites

#### Salt and Pepper Chicken

Cereals (Gluten), Peanuts, Soya, Nuts, Sesame, Sulphur Dioxide

#### Warm Beef Fillet and Blue Cheese Salad

Soya, Wheat, Egg, Sesame, Sulphites, Mustard

#### Chicken and Bacon Caesar Salad

Cereals (Gluten), Eggs, Soya, Milk, Celery

### GRILLS

#### 8oz Sirloin

Cereals (Gluten), Soya, Sulphur Dioxide

#### 10oz Rump

Cereals (Gluten), Soya, Sulphur Dioxide

#### 10oz Gammon

Eggs, Soya, Sulphur Dioxide

#### The Big Grill

Cereals (Gluten), Eggs, Soya, Sulphur Dioxide

#### Chicken Tikka Kebabs

Wheat, Milk, Mustard, Sulphites, Soya

#### Lamb Koftas

Soya, Milk, Mustard, Gluten, Sulphites, Wheat

### SAUCES

#### Peppercorn - Soya, Milk

#### Blue Cheese - Soya, Milk

#### Garlic Butter - Milk

### BREAD

#### Ciabatta - Cereals (Gluten)

### ROAST MEATS

#### Roast Beef, Honey Glazed Ham, Roast Turkey

Cereals (Gluten), Eggs, Milk, Wheat

#### Cauliflower Cheese

Cereals (Gluten), Milk

#### Pigs in Blankets

Gluten, Sulphites

### HOME MADE PIES & PUDDINGS

#### Steak and Ale

Cereal's (Gluten), Eggs, Soya, Celery, Sulphur Dioxide

#### Three Cheese and Onion

Cereals (Gluten), Eggs, Soya, Milk, Sulphur Dioxide

#### Fishermans

Fish, Wheat, Milk, Crustaceans, Celery

#### Chicken, Ham and Leek

Egg, Milk, Sulphites, Celery, Soya, Gluten

### VEGETARIAN

#### Salt and Pepper Halloumi

Cereals (Gluten), Peanuts, Soya, Milk, Nuts, Sesame

#### 5 Bean Chilli

Cereals (Gluten), Eggs, Soya, Milk

#### Tomato and Basil Tagliatelle

Wheat, Egg, Milk, Sesame, Nuts, Mustard, Celery

#### Vegetable and Lentil Cottage Pie

Celery, Milk

### BURGERS

#### Bacon Double Cheeseburger

Cereals (Gluten), Eggs, Soya, Milk, Mustard, Sesame, Wheat

#### Black and Blue Burger

Egg, Soya, Milk, Sesame, Wheat, Sulphites Soya

#### Panko Breaded Chicken Burger

Cereals (Gluten), Eggs, Soya, Milk, Mustard, Sesame, Wheat

#### Chicken and Chorizo Burger

Egg, Soya, Milk, Sesame, Wheat, Sulphites, Milk, Mustard

#### Halloumi Burger

Cereals (Gluten), Eggs, Peanuts, Soya, Milk, Nuts, Sulphur Dioxide, Sesame, Wheat

### HOT CIABATTAS & SANDWICHES

#### Steak Canadian Sourdough Sandwich

Milk, Soya, Sulphites, Mustard, Egg

#### Smoked Salmon and Prawn Sandwich

Fish, Wheat, Milk, Egg, Soya, Celery, Mustard

#### Small Cod and Chips

Eggs, Soya, Mustard, Fish

#### House Club

Cereals (Gluten), Eggs, Soya, Mustard

#### Goat's Cheese, Caramelised Red Onion and Tomato Ciabatta

Sulphites, Soya, Eggs, Wheat, Milk

#### 5oz Gammon Steak

Gluten, Sulphites, Milk, Soya

#### Breaded Chicken and Chorizo Ciabatta

Wheat, Milk, Soya, Sulphites

#### Fish Finger Butty

Cereals (Gluten), Fish, Soya, Sesame

#### 5oz Rump Steak

Cereals (Gluten), Soya, Sulphur Dioxide

### SIDES

#### Skin on Fries

Soya

#### Onion Rings

Cereals (Gluten), Soya

#### Garlic Ciabatta

Cereals (Gluten), Eggs, Soya, Milk

#### Thick Cut Chips

Soya

#### Side Salad

Mustard

#### Halloumi Fingers

Cereals (Gluten), Peanuts, Soya, Milk, Nuts, Sesame, Sulphites

#### Cheesy Garlic Ciabatta

Cereals (Gluten), Eggs, Soya, Milk

#### Cheesy Thick Cut Chips

Eggs, Soya, Milk

#### Cheesy Skin on Fries

Eggs, Soya, Milk

#### Salt and Pepper Fries

Soya, Sesame, Nuts, Mustard, Sulphites, Celery

### CHILDREN'S MENU

#### Chicken Chunks

Cereals (Gluten), Soya, Celery

#### Sausage and Mash

Wheat, Milk, Soya

#### Fish Fingers

Cereals (Gluten), Fish, Soya

#### Beef Burger

Cereals (Gluten), Soya, Milk

#### Cheese and Tomato Pizza

Cereals (Gluten), Soya, Milk

#### Tomato and Basil Tagliatelle

Egg, Gluten, Celery

### DESSERTS

#### Chocolate Brownie

Cereals (Gluten), Eggs, Soya, Milk

#### Raspberry and White Chocolate Roulade

Soya, Egg, Milk, May Contain Nuts

#### Sticky Toffee Waffle with Vanilla Ice Cream

Cereals (Gluten), Eggs, Soya, Milk

#### Cheesecake of the Day

Please ask server for allergens today

#### Chocolate Fudge Cake

Wheat, Milk, Egg

#### Warm Butterscotch and Treacle Pudding

Wheat, Egg Milk, Soya

### ICE CREAMS

#### Double Jersey (Vanilla), Strawberry, Death by Chocolate, Mint Choc

Chip, Salted Caramel, Cool Britannia (Bubblegum and Raspberry),

#### Cherry Rush or Thunder and Lighting (Chocolate and Cinder Toffee)

Cereals (Gluten), Egg, Soya, Milk, May Contain Nuts

### CHILDREN'S PUDDINGS

#### Chocolate Brownie - Cereals (Gluten), Eggs, Soya, Milk

Ice Cream Sundae - Cereals (Gluten), Eggs, Soya, Milk

Ice Cream Tubs - Cereals (Gluten), Soya, Milk

Shmoo Milk Shakes - Milk



Winter Menu 2026